

SITTING CHOICES

Real Photo Center Time Visuals



These real-photo visuals make sitting choices concrete and easy to understand while helping teachers establish clear expectations for comfort, participation, and personal space.

Multiple Sizes

English+Spanish

Teacher Guide

Real Photos

PERFECT FOR PRESCHOOL, PRE-K, & TK

REAL PHOTO SITTING CHOICES

Clear, concrete visuals young children can understand.



pretzel



pirate



pineapple



mermaid



mountain



long sit



cube chair



chair

PREVIEW

Only Some
Images Shown

Use only the sitting choices that work for your students can classroom.

PERFECT FOR PRESCHOOL, PRE-K, & TK

ONE RESOURCE

MULTIPLE WAYS TO USE IT

POSTERS



CARDS



INDIVIDUAL SUPPORTS



SPANISH



PREVIEW
Only Some
Pages Shown

Display the visuals near your circle time area, keep small cards on a ring, or use individual choice boards when a child benefits from fewer options.

MAKE CHOICES

EASY TO SEE

WHOLE GROUP

Display all available sitting choices for the class.



PREVIEW
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Pages Shown

INDIVIDUAL SUPPORT

Offer two or three visual choices when a smaller selection is more helpful.



Visual choices reduce repeated verbal reminders and give children a clear reference they can use independently.

HOW DO YOU INTRODUCE SITTING CHOICES?

MODEL

Here is how to sit like a mermaid



PRACTICE

Try one of the sitting positions.



SET BOUNDARIES



PREVIEW
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REFER TO VISUALS



Teacher guide and educational rationale are included.

WHY SITTING CHOICES?

COMFORT



Children differ in flexibility, strength, balance, body proportions, and preferences.

BODY AWARENESS



Children begin noticing which positions help their bodies feel comfortable and ready to participate.

INDEPENDENCE



Visual choices allow children to make an appropriate decision without relying on repeated adult directions.

CLEAR EXPECTATIONS



Choice does not mean “anything goes.” Children still learn to keep their bodies in their own space and participate safely

PREVIEW

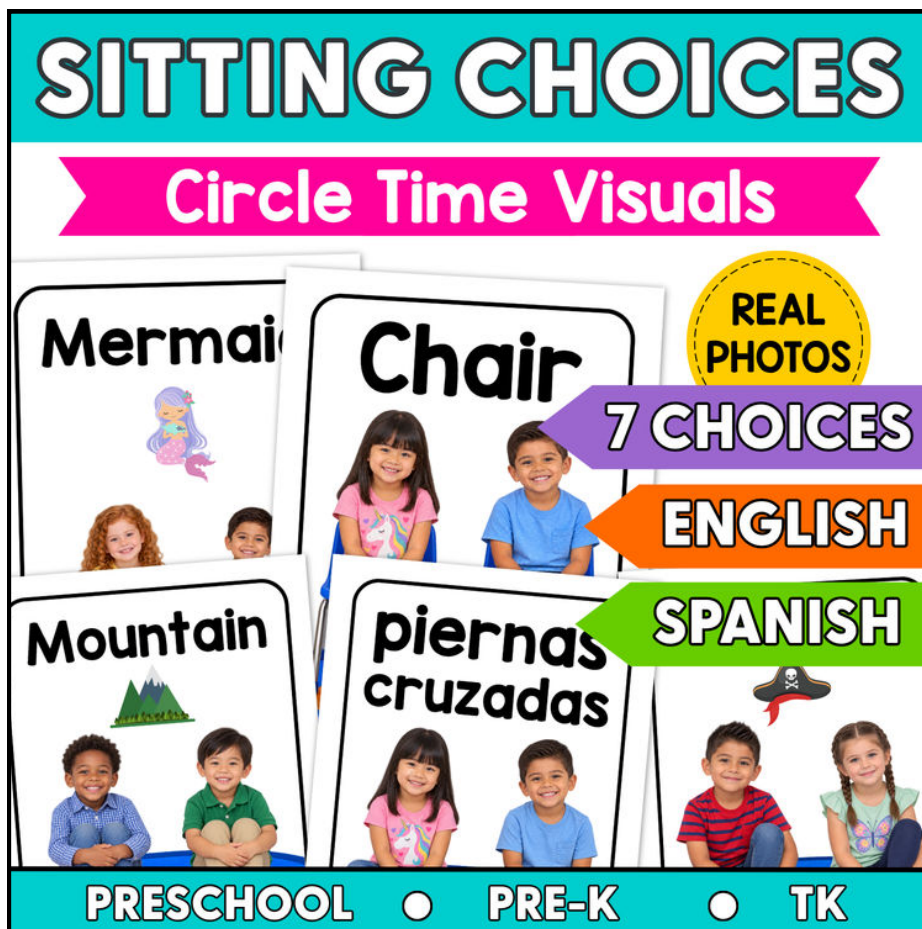
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Teacher guide and educational rationale are included.

ENGLISH + SPANISH

VISUALS INCLUDED

Create a circle time routine that gives young children clear choices, visual support, and room for different bodies to learn comfortably.



YOU'LL RECEIVE

- ✓ Real-photo sitting-choice visuals
- ✓ Full-page posters
- ✓ Half-page visuals
- ✓ Cards for pocket charts
- ✓ Whole-group Sitting Choices Boards
- ✓ Choice cards for book rings
- ✓ Individual visual support boards
- ✓ Teacher guide
- ✓ English visual supports
- ✓ Spanish visual supports

PREVIEW
Only Some
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WANT MORE REAL PHOTO RESOURCES?

REAL PHOTOS

➤ BUNDLE ⬅



GRAB
THE
BUNDLE

SET-UP YOUR CLASSROOM FASTER

PRESCHOOL • PRE-K • TK

Created by Vanessa Levin, a veteran early childhood educator with 20+ years in the classroom.

REAL PHOTOS= REAL LEARNING